

Adelle Schemm

Canada | (902)304-9434 | aaschemm@hotmail.com

PROFESSIONAL SUMMARY

Dynamic training facilitator and motivational speaker with over a decade of experience engaging diverse international audiences through experiential learning, curriculum development, storytelling, connection and psychologically safe facilitation. Proven ability to inspire personal growth, build confidence, coach and translate complex ideas into accessible, motivating experiences. Background spans higher education, healthcare, community programs, and creative learning environments, with a facilitative style rooted in empathy, ethics, and adult learning principles.

CORE SPEAKING & TRAINING STRENGTHS

Motivational Speaking • Training Facilitation • Adult Learning Principles • Curriculum Development • Workshop Design • Group Engagement • Psychological Safety • Coaching & Mentorship • Experiential Learning • Storytelling • Change & Growth Mindset • Inclusive Facilitation • Program Delivery • Ethics-Based Practice (TCPS 2) • Creativity • Critical Thinking

RELEVANT EXPERIENCE

Lecturer – Project & Operations Management | Keyano College | Fort McMurray, AB | 2025 – Current

- Delivered high-impact training sessions using interactive and experiential methods, increasing learner engagement and confidence.
- Lead engaging group discussions on topic matter of Project Management and Operations Management to large class sizes of 90 students.
- Facilitated group discussions and applied activities, strengthening communication, leadership, and self-awareness.
- Used storytelling and real-world examples to motivate learners and connect theory to personal and professional growth.
- Created psychologically safe learning environments that encouraged participation and risk-taking.
- Provided individualized coaching and feedback, supporting learner persistence and self-belief.
- Proctored Tests, assigned projects and corrected assignments.

Lecturer – Entrepreneurship | Cape Breton University | Sydney, NS | 2023 – Dec 2025

- Delivered high-impact training sessions using interactive and experiential methods, increasing learner engagement and confidence.
- Designed course content for Integrative Entrepreneurship and Nature of Entrepreneurship courses
- Facilitated group discussions and applied activities, strengthening communication, leadership, and self-awareness.
- Used storytelling and real-world examples to motivate learners and connect theory to personal and professional growth.
- Created psychologically safe learning environments that encouraged participation and risk-taking.
- Provided individualized coaching and feedback, supporting learner persistence and self-belief.

- Corrected projects and overseen student grades for course.

Artist Facilitator – Therapeutic & Motivational Programs | Art of Living Program, CB Cancer Center | Sydney, NS | 2016 – 2024

- Facilitated therapeutic group and individual sessions that supported emotional resilience, self-expression, and personal empowerment.
- Created trauma-informed, psychologically safe spaces that encouraged trust and sustained engagement.
- Motivated participants through guided reflection and creative expression, supporting confidence and coping skills.
- Adapted facilitation to individual needs, ensuring inclusive and supportive group experiences

Founder & Lead Facilitator | Perspective Art Studio | Sydney, NS | 2011 – 2017

- Designed and delivered inspirational group workshops and classes focused on creativity, confidence, and self-expression.
- Motivated learners across age groups (7–90) to explore growth, resilience, and personal achievement through learning.
- Facilitated both group and one-on-one sessions, tailoring messaging to audience needs and goals.
- Built a community-centered learning environment that fostered belonging, motivation, and continued participation.

Community Training & Project Manager | Multiple Organizations | N.S. / International | 2010 – 2017

- Facilitated large and small group sessions for youth and adults, promoting engagement, collaboration, and confidence.
- Led orientations, workshops, and interactive events using motivational communication and group facilitation techniques.
- Engaged diverse audiences through storytelling, clear messaging, and inclusive facilitation practices.
- Supported positive group dynamics, participant safety, and meaningful shared experiences.

EDUCATION

Master of Business Administration – Community Economic Development

Cape Breton University | Sydney, NS | 2023

TCPS 2: Core Research Ethics Certified

Bachelor of Arts – Psychology with extensive studies in Biology.

Cape Breton University | Sydney, NS

Interactive Multimedia Technology Diploma

McKenzie College | Moncton, NB